ESTRO LOWER LIMB SCHOOL
22 - 24 Nov 2019
CYPRUS - CRATOS PREMIUM HOTEL

International Faculty
Philipp Neyret, MD, PhD (France)
João Espregueria - Mendes, MD, PhD (Portugal)

Secretary
Gazi Huri, MD (Turkey)
Filippo Familiari, MD (Italia)

www.estroproject.eu - info@eraorganization.org
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Day 1 – 22. November 2019, Friday
8.45 – 17.30: HIP & ANKLE

08:45 – 09:00: Welcome Ceremony
09.00 – 09:30 Anatomy
09:30 – 10:00 Fractures Around the Hip
10:00 – 10:30 Physical Examination
10:30 – 10:40 Discussion
10:40 – 11:00 Coffee Break
11:00 – 11:30 Surgical Approaches
11:30 – 12:00 Hip Arthroplasty, Biomechanics, Type, Indications
12:00 – 13:30 Lunch
13:30 – 14:00 Basic Hip Arthroscopy
14:00 – 14:30 Anatomy and Biomechanics
14:30 – 15:00 Surgical Approaches (Open and Arthroscopy)
15:00 – 15:10 Discussion
15:10 – 15:30 Coffee Break
15:30 – 16:00 Ankle Instability
16:00 – 16:30 The “Degenerative” Ankle
16:30 – 17:30 Discussion

Day 2 – 23. November 2019, Saturday
8.45 – 17.30: HIP & ANKLE

08:30 – 09:00 Knee Approaches / P. Neyret
09.00 – 09:30 Fractures Around Knee / Prof. Familiari
09:30 – 10:00 Knee ligament and Meniscus Disorders / Prof. P. Neyret
10:00 – 10:10 Discussion
10:10 – 10:30 Coffee Break
10:30 – 10:45 Surgical Treatment of Cartilage Lesions of the Knee / Prof. J.Espregueira-Mendes
11:00 – 11:30 Meniscectomy of the knee How much is too much? / Prof. J.Espregueira-Mendes
11:30 – 12:00 Clinical and Imaging Evaluation of Ligament Injuries of the Knee / Prof. J.Espregueira-Mendes
12:00 – 13:30 Lunch
13:30 – 14:00 Patella Femoral Pathology / Prof. P. Neyret
14:00 – 14:30 New trends in ACL / Prof. J.Espregueira-Mendes
14:30 – 15:00 Not Only ACL in the Knee
15:00 – 15:10 Discussion
15:10 – 15:30 Coffee Break
15:30 – 16:00 Option in Knee Osteoarthritis / Prof. P. Neyret
16:00 – 16:30 Malalign ment and Knee Instablity / Prof. P. Neyret
16:30 - 17.00 Conclusion
9.30 – 12.00 - WORKSHOPS

09.00 – 12.00 Arthroplasty WORKSHOPS
Ankle, Knee, Hip