HIRSLANDEN PROFESSIONAL

FOOT AND ANKLE SYMPOSIUM
SPORTS INJURIES
FRIDAY, 9 SEPTEMBER 2016

Hosts
PD Dr. med. Norman Espinosa, FussInstitut Zurich
Dr. med. Georg Klammer, FussInstitut Zurich

Location
Belvoirpark Hotelfachschule Zurich
Seestrasse 141, CH-8002 Zurich

CREDITS: SWISS ORTHOPAEDICS 8 CME.
Zurich, May 2016

Dear Colleagues

Welcome to this year’s Foot and Ankle Symposium.

International and world-renowned experts in their fields provide a unique update on current management of sports-related foot and ankle injuries. Do not miss the opportunity to join into the discussions, case studies and be part of the community.

Date: Friday, 9 September 2016
Location: Hotelfachschule Belvoirpark, Zurich, Switzerland

Best regards,

Norman Espinosa, MD
Orthopaedic Foot and Ankle Surgeon
Institute for Foot and Ankle Reconstruction Zurich
President of the Swiss Foot and Ankle Society

Credits
Swiss Orthopaedics 8 CME

Participation
Free of charge
PROGRAMME
FRIDAY, 9 SEPTEMBER 2016

BELVOIRPARK HOTELFACHSCHULE ZURICH
SEESTRASSE 141, CH-8002 ZURICH

07.55  Welcome  N. Espinosa

INSTABILITY AND TENDON DISORDERS

08.00  Ankle Sprain – Conservative measures  V. Valderrabano
08.20  Acute and chronic ankle instability
        Is there any reason to operate on?  C. Coetzee
08.40  Anatomical lateral ligament reconstruction  G. Klammer
09.00  Arthroscopic lateral ankle ligament reconstruction  A. Pellegrino
09.15  Medial ankle instability – How to assess
        and how to address  M. Knupp
09.30  Peritalar instability – My approach to the problem  B. Hintermann

09.50  Coffee break
       Commercial exhibition in the Lobby

10.10  Syndesmotic injury – What to do when
        the mortise becomes unstable?  S. Rammelt
10.30  Peroneal tendon injury – Algorithm  A. Kadakia
10.45  Endoscopic treatment of insertional achilles tendinopathy  J. Vega
11.10  Anterior and posterior tibial tendon injury  A. Kadakia
11.30  Acute Achilles tendon rupture –
        Conservative versus nonoperative  N. Maffulli
11.50  Chronic Achilles tendon disorders  N. Maffulli

12.10  Lunch break
       Commercial exhibition in the Lobby
INNOVATIONS IN SURGERY

13.00 Alternative approaches to the ankle in fracture treatment  C. Sommer
13.20 A new skin graft to reconstruct larger defects  E. Reichmann
14.00 Patient-specific guides to reconstruct the foot and ankle – dawn of a new era  S. Wirth

MISCELLANEOUS DISORDERS

14.20 Forefoot problems in sports  A. Molloy
14.35 Heel pain and plantar fasciitis  A. Kadakia
14.50 Coffee break
 Commercial exhibition in the Lobby

FRACTURES AND IMPINGEMENT SYNDROMES

15.20 Osteochondral lesions of the talus – How to approach  N. Espinosa
15.40 Early revision after ankle fracture fixation  C. Sommer
16.00 Rare fractures – How to get suspicious  A. Molloy
16.20 Lisfranc injuries – How to address them?  C. Coetzee
16.40 Hindfoot endoscopy – Indications and Technique  J. Vega
17.00 Anterior ankle impingement – What and when to treat?  S. Wirth
17.20 Final discussion  All
18.00 End of symposium  N. Espinosa
FACULTY

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I register for the foot and ankle symposium on Friday, 9 September 2016, Hotelfachschule Belvoirpark, CH-8002 Zurich.

Due to the limited number of spaces, please send us your registration by Friday, 2 September 2016:

Online:  www.hirslanden.ch/fortbildung-im-park
Post:    by reply-flyer
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